

The Admirals Head

Little Belings

Freehouse-Restaurant-Pizzeria



To Start

Bread & Olives A selection of fresh bread with marinated Olives £3.85

Pizza Bread Italian Pizza bread topped with Tomato & Garlic £3.75

Garlic & caramelised Red Onion £3.95

Garlic & Mozzarella Cheese £3.95

Bruschetta Toasted Bread topped with either Marinated Sweet Peppers £4.25

Tomato & Basil £4.25 or

Garlic & Herb Mushrooms. £4.25

Zuppa Cream of Italian Tomato soup served with bread £3.95

Antipasti Traditional Italian starter with Cured Ham, Salami, baby Mozzarella and marinated Olives & Vegetables £6.75

Fritto Misto Deep fried Crabcakes and Torpedo Breaded King Prawns with garlic mayonnaise £5.50

Caprese Baby Mozzarella with sliced vine riped tomatoes dressed with balsamic Glaze £5.25

Parmigiana al Forno Layered Aubergine strips with Tomato sauce & Parmesan Cheese, baked in the oven. £4.95

(Also available as a main)

Breaded Whitebait Deep fried breaded Whitebait served simply with a lemon wedge and mixed leaves £5.25

Mains Course

Pastas & Salads

Rigatoni 'Luca' Tube pasta with Sausage & Bacon in a rich Tomato & Herb Sauce £9.25

Linguine Pollo Carbonara style Linguine pasta with Chicken, Bacon & Parmesan, topped with Fresh Parsley £8.95

Linguine Pescatora Fish, Kings Prawns & Crayfish Linguine Pasta combined with a Cherry Tomato and Herb sauce £9.95

Crab & Crayfish Risotto Creamy Crab and Crayfish Risotto with Courgette, Cherry Tomatoes and white wine to finish £9.75

Gamberoni Piccanti Juicy King Prawns & Linguine Pasta combined with a Cherry Tomato sauce and a kick of Chilli £9.95

Agnello Abbruzzese Slow cooked Lamb with Olive Oil, Garlic, Rosemary, Tomato and Bacon, served with Rice £10.95

Parmigiana al Forno Layered Aubergine strips with Tomato sauce & Parmesan Cheese, baked in the oven £9.25

Triangolo Pasta Verde triangles filled with Spinach and Ricotta, topped with creamy Tomato Sauce & Parmesan £8.95

Goats Cheese Salad Crisp mixed leaves with Creamy Goats Cheese and Caramelised Red Onion £8.75

Chicken & Bacon Salad Grilled Chicken & Bacon with mixed leaves, served with creamy Caesar dressing and grated Parmesan £8.95

Grills & Fish

Sirloin Steak Best quality British Sirloin Steak, cooked just how you like it, served with Chips, Salad leaves and Onion Rings £16.95

Add Brandy & Peppercorn sauce £1.95

Chicken Saltimbocca Breast Chicken wrapped in Bacon served on a bed of new potatoes, and topped with creamy sweet pepper sauce, £9.95

Admirals Burger served with bread bun, chips and onion rings
Choose either

4oz British Rump **Steak Burger** £7.95 or

6oz **Pork & Apple Burger** £7.50

Mixed Grill British 4oz Rump Steak, Smoked Bacon Chop and Italian Pork Sausage, served with Chips & Onion Rings £13.50

Suffolk Pork Pork Loin Steaks with a Creamy Mushroom, Brandy & Chestnut sauce, served with rice £9.75

Seafood Al Forno A medley of Fish, King Prawns & Crayfish in a creamy Vermouth Sauce, topped with breadcrumbs & cheese, then baked in the oven £9.50

Please ask your server about our side orders

Pizzas

Why our Pizzas are so GOOD!!!

Starting with the raw ingredients, we get our flour from Naples, Italy. Molini Campani is a traditional Neapolitan mill using Manitoba grain for its pizza flour. We use the Napulena range for our dough along with fresh yeast, water, olive oil & salt. That's all. Our dough is kneaded for 10 minutes to make it smooth and soft. After proving it is hand shaped into a true Italian thin and crispy base and baked in our Italforni oven directly on the stone base. Our cheese topping is 100% mozzarella, true to the Italian way.

Margherita with Tomato base and Mozzarella Cheese £6.95

Calzone Folded Pizza filled with Tomato, Sausage, Ham, Chicken, Pepperoni, Chilli & Cheese £8.75

Marinara A Tomato base topped with Mozzarella, Anchovies and Black Olives £7.75

Mare e Luna Half topped with Tomato, Ham, Pepperoni & Mushroom, the other with King Prawn Courgette and Mozzarella £8.95

Carnivora Tomato Base topped with Sausage, Chicken, Bacon, Pepperoni & Mozzarella Cheese £8.75

Ortolana Tomato base topped with Black Olives, Red Onion, Peppers, Mushroom & Mozzarella Cheese £7.50

Formaggio Creamy cheese base with Goats cheese & Caramelised Red Onion, finished with Rocket £7.50

Speck Tomato base with Mozzarella, topped with cured Speck & Fresh Rocket once cooked £7.50

Please ask your server if you would like to change any of the toppings. Additional toppings charged at 75p

Bambini

Chicken Bites Battered Chicken breast bites with chips £5.95

Pasta Pomodoro Pasta simply served with our rich tomato sauce £5.25 Add cheese £1.25 Ham £1.25 or Chicken £1.25

Pizzetta A small Pizza with tomato base and choice of 3 toppings £5.25

Choose from Sliced Tomato, Mozzarella Cheese, Sausage, Ham, Pepperoni, Courgette, Chicken, Peppers

Side Orders

Chips £1.95

Onion Rings £1.95

Mixed Side Salad £2.50

Tomato & Red Onion Salad £2.50

Rocket & Parmesan Salad £2.95

Garden Peas £1.50